

## RECOMMENDED SUPPLIES TO INCLUDE IN A BASIC KIT

- ☑ One gallon of water per person per day, for drinking and sanitation
- ☑ At least a five-day supply of non-perishable food
- ☑ Battery-powered radio and extra batteries
- ☑ Flashlight and extra batteries
- ☑ First Aid kit
- ☑ Whistle to signal for help
- ☑ Filter mask or cotton t-shirt, to help filter the air



- ☑ Moist towelettes for sanitation
- ☑ Wrench or pliers to turn off utilities
- ☑ Manual can opener for food (if kit contains canned food )
- ☑ Plastic sheeting and duct tape to shelter-in-place
- ☑ Garbage bags and plastic ties for personal sanitation
- ☑ Unique family needs, such as daily prescription medications, infant formula or diapers, and important family documents

## PREPARING MAKES SENSE

The likelihood that you and your family will survive a house fire depends as much on having a working smoke detector and an exit strategy, as on a well-trained fire department. The same is true for surviving a terrorist attack or other emergency. We must have the tools and plans in place to make it on our own, at least for a period of time, no matter where we are when disaster strikes. Just like having a working smoke detector, preparing for the unexpected makes sense.

**Get Ready Now.**



SAN MATEO COUNTY SHERIFF'S OFFICE  
OFFICE OF EMERGENCY SERVICES

400 COUNTY CENTER  
REDWOOD CITY, CA 94063  
T. 650.363.4790

[www.smcsheriff.com](http://www.smcsheriff.com)  
[www.smcready.org](http://www.smcready.org)  
[www.smcalert.info](http://www.smcalert.info)

This project was supported by UASI grant # 2011-SS-0077 awarded by the California Governor's Office of Homeland Security.

# PREPARE FOR EMERGENCIES

INFORMATION TO HELP YOU BE PREPARED



C O U N T Y O F S A N M A T E O

